



TERMS OF USE

The application *+Fort: Stronger than Bullying* ("**+Fort**") was developed by Isabelle Ouellet-Morin and her team, with the support of the Centre de recherche de l'Institut universitaire en santé mentale de Montréal ("**us**").

+Fort was created for young people in Quebec and Canada, as well as for their parents, and professionals offering support, who are concerned about bullying ("**you**").

+Fort's goal is to offer you another source of support in dealing with bullying.

The use of *+Fort* is subject to the present terms of use and to the Privacy Policy. When you access *+Fort* and its content, you acknowledge that you are a user of the application and that you have read and understood these conditions.

1. YOUR RIGHT TO USE +FORT AND ITS CONTENT

1.1 Your rights of access and use.

We are placing *+Fort* and its content at your disposal so that you can:

- learn more about bullying through short videos;
- better understand what you are experiencing through self-assessments and easy-to-use and share graphics and
- choose strategies that best suit your own situation, put them into action and figure out which are the most helpful to you.

These are the three permitted uses of *+Fort* and its content ("**permitted uses**").

You do not need to create an account to use *+Fort* and its content.

1.2 Your obligations

Your rights and access are conditional upon you are:

- 1.2.1 using *+Fort* and its content solely for the permitted uses;
- 1.2.2 using *+Fort* and its content for personal uses only (information and education);
- 1.2.3 accessing *+Fort* and its content solely through regular channels, by downloading the application via an application store ("e-store");
- 1.2.4 not downloading viruses, Trojan horses or other malicious code ;
- 1.2.5 not using *+Fort* or its content to harass, abuse, spy on, threaten or otherwise harm any person; and
- 1.2.6 not doing any of the following : **(i)** transfer, create, sell, lend, lease, sublicense, or assign any rights that you are granted; **(ii)** give rights to *+Fort* and its content; **(iii)** copy, change, disassemble, decompile, derive, modify or extract any source code; or **(iv)** use or operate *+Fort* and its content in a way that will impair it or slow down its operating capacity.



2. USE IS FREE OF CHARGE

2.1 +Fort and its content

The use of +Fort and its content are made available to you free of charge.

2.2 Usage of your device

The usage fees that your internet or telephone provider will charge you will be based on the usage that you make of your device (for example data consumption).

3. OWNERSHIP OF +FORT AND OF ITS CONTENT

3.1 Our property rights.

You understand and acknowledge:

- 3.1.1 that +Fort (including its functions and features) and its content are our property;
- 3.1.2 that you may refer to +Fort and its content, or create a link to online stores ("e-store") where +Fort may be downloaded, so long as it is for permitted uses;
- 3.1.3 that you must keep intact all marks or symbols like "©" that indicate copyright or any other intellectual property right that is part of +Fort or its content; and
- 3.1.4 that you will not use our trademarks, logos and other symbols and naming without our permission.

3.2 Communication.

You agree to communicate with [us](#) if you are aware of an unauthorized use of +Fort or of its content.

4. LIABILITY AND LIMITATION OF LIABILITY

4.1 Liability.

You are liable for the use you make of +Fort or of its content, and for any damage caused to your device in connection with that use.

4.2 Limitation of liability.

The technology we are using in this application is up to standard, however, +Fort and its content – like any technology – is not infallible and is not immune to unforeseen events. Furthermore, +Fort and its content were not created to meet the specific needs of particular users, nor to provide a comprehensive list of all methods that can be used to reduce bullying victimization. Lastly, +Fort and its content are made available only for educational and informational purposes; +Fort does not offer advice, should not be used for medical purposes, does not replace the assistance, care or assessment that a professional can give, and does not replace aid that the police or other emergency services can dispense.

Subject to all applicable laws, we make no representation or guarantee with regards to (a) the use and appropriateness of +Fort or its content for a specific purpose; (b) their usage in an uninterrupted, continuous and bug-free manner; (c) their availability at all times and without wait time; (d) their compliance with particular standards, other than the criteria set out in these conditions of use; and (e) intellectual property rights in connection with the above.



5. DURATION OF TERMS

5.1 Start.

These terms of use apply from the time you download or consult +Fort or its content.

5.2 End.

You can stop accessing, consulting and using +Fort or its content when you wish, without having to take any particular action. You may also remove +Fort from your device. We can also withdraw +Fort or its content.

This will be done in compliance with applicable laws.

5.3 Right to suspend access

Rather than withdrawing +Fort and its content, we may limit, constrain or suspend access to +Fort, during the time needed to make an adjustment (for example fixing a flaw, a bug or a virus).

6. PERSONAL INFORMATION

You do not need to provide any personal information in order to use +Fort or its content. As well, we will not display any advertising on +Fort. Lastly, we will not collect any information for the purpose of contacting you. If you wish, you may share with us some types of personal information, which will be protected as provided for by the [Privacy Policy](#).

7. HYPERLINKS

+Fort and its content include links to other resources that may be of assistance. These links are provided for informational purposes, among others to facilitate your access to extra support in dealing with intimidation. However, please keep in mind:

- that these resources are not controlled by us;
- that we do not regularly verify their content; and
- we cannot guarantee the validity of their content.

These resources are governed by their own terms of use and privacy policies. We do not assume any liability in connection with them. The choice to use these links is yours alone..

8. ADDITIONAL TERMS

8.1 Entire agreement.

These terms of use constitute, along with the [Privacy Policy](#), the totality of the rules applicable to your use of +Fort and its content. Please note that these terms of use as well as the [Privacy Policy](#) can be downloaded from the +Fort website.

8.2 Modifications

We have the right to modify these terms of use. You will be notified of any modifications in advance. We will assume that you accept these modifications if you access or continue to use +Fort or its content; if you are not in agreement with these changes, you must stop using +Fort or remove it from your device before they come into effect.



8.3 Applicable laws, and disputes.

+Fort, its content and its terms of use are subject to the laws in force in Quebec, notwithstanding any principle that could lead to the application of outside laws. Any dispute will be submitted to the courts of the province of Quebec, which will have sole authority to rule on it.

8.4 Getting in touch.

Here is our contact information, if you would like to get in touch with us:

Address : 7331, Hochelaga Street, Montréal (Québec) H1N 3V2

Email : infoplusfort@gmail.com

Tel : (514) 251-4015 extension 3396

We will follow up on any communication as quickly as possible, and at the very latest within the delays set out by applicable laws.

In case of emergency, you must communicate directly with emergency services, using 911.